

Adapt Your CV for the French Job Market

—
AI Prompts + Culture Checklist





Introduction

Bonjour and welcome to your professional journey in France!

Whether you're applying for internships, part-time jobs, or your first full-time role, adapting your CV for the French job market can feel like navigating a new language, and culture. That's why we created this AI + Culture CV Adaptation Checklist to help you stop guessing and start aligning your CV in order to make sure your CV speaks the language French recruiters expect.

This guide will help you :

- ✓ Use AI prompts to rewrite and restructure your CV
- ✓ Avoid common translation mistakes that cost interviews
- ✓ Highlight your impact and professionalism in simple, recruiter-friendly French

No templates. No fluff. Just a smarter, clearer way to get noticed.

Let's help you land that job à la française!



Geetanjali Shrivastava

FOUNDER & CEO



Ask Sétu



ADAPT Your CV

Diagnose Your CV Like a French Recruiter

- ☐ Ask AI to audit your CV using the prompt:

“You’re a LinkedIn recruiter in France. Review my profile and CV. Highlight weak points and suggest improvements for each section.”

- ☐ Ensure your tone isn’t too assertive (avoid overusing “led”, “managed” for junior roles)
- ☐ Keep your CV layout clean, minimalist, and structured (1 page max)

Reverse-Engineer the Job Description

- ☐ Use AI to extract keywords and verbs from the job ad:

“Pull out key skills and match them to my CV experience.”

- ☐ Build a personal vocabulary bank with French verbs relevant to your target role
- ☐ Customise each application to the job ad using matched language



Pro Tips:

- Ask yourself *“Can someone skim my CV in 8 seconds and know what I’m good at?”*
- Copy → Paste → Match. Use AI to extract action verbs and keywords from a real French job ad. Then rewrite your CV to mirror the language (in French or English, depending on the role).

Rewrite Bullet Points For Clarity

- ☐ Use this prompt:

“Rewrite these bullet points using STAR. Make them skimmable and culturally appropriate for France.”

- ☐ Use this format: **Action + Context + Result**

(e.g. “Organised an internal event for 50 people, strengthening team cohesion.”)

- ☐ Avoid vague verbs like *“handled tasks”* or *“supported operations”*

Craft a Personal Brand Summary (En-tête)

- ☐ Use this prompt:

“Write an About section using the R-C-A-R structure and a tone French recruiters expect.”

- ☐ Structure:
 - **Reason:** *Who are you / what do you want?*
 - **Context:** *Your background*
 - **Action:** *What you’ve done*
 - **Result:** *What impact you’ve had*

- ☐ Keep your tone modest, confident, and role-specific



Pro Tip:

- **CV ≠ Resume.** Unlike Indian resumes, French CVs don’t need an objective statement or references. Instead, start with a clean, professional summary.

Optimize LinkedIn Headline

- ☐ Use prompt:

“Generate 3 LinkedIn headlines combining recruiter keywords + personal brand for French recruiters.”

- ☐ Include in your headline:
 - Target role or sector
 - Degree or program
 - Language level (A2, B1, etc.)
 - Open-to-work if applicable
- ☐ Avoid vague headlines like “Aspiring professional.” Be specific and searchable

Final Checks

- ☐ Use consistent verb tenses (past for experience, present/infinite for current)
- ☐ Proofread your French (especially verbs, prepositions, gender)
- ☐ Ask AI:

“Does this CV reflect French recruiter expectations? Suggest final edits.”



You're done!

Your CV is now recruiter-friendly, culturally adapted, and AI-polished — ready for the French job market.

FINAL *Tips*

Before you hit “send” on that job application, here are a few final words of wisdom from the Ask Sétu team and Indian professionals already navigating the French job market:

5 Pro Tips for a Smooth Landing

- ✓ Keep it short & structured — 1 page is enough, even for experienced profiles.
- ✓ Translate your impact. Use numbers, actions, and results.
- ✓ Avoid jargon. Tailor your terms to what French recruiters understand.
- ✓ Save your CV as a PDF with a clean file name: ***firstname_lastname_CV.pdf***
- ✓ Always include a short pitch in your emails or LinkedIn messages. Make them want to open your CV!

Need More Than Prompts?

Ask Sétu offers personalized guidance for Indian students and professionals applying for jobs in France.

- ✓ Join our [WhatsApp](#) group
- ✓ Follow us on LinkedIn: [\[@ask-setu\]](#)
- ✓ Follow us on Instagram: [\[@ask.setu\]](#)

